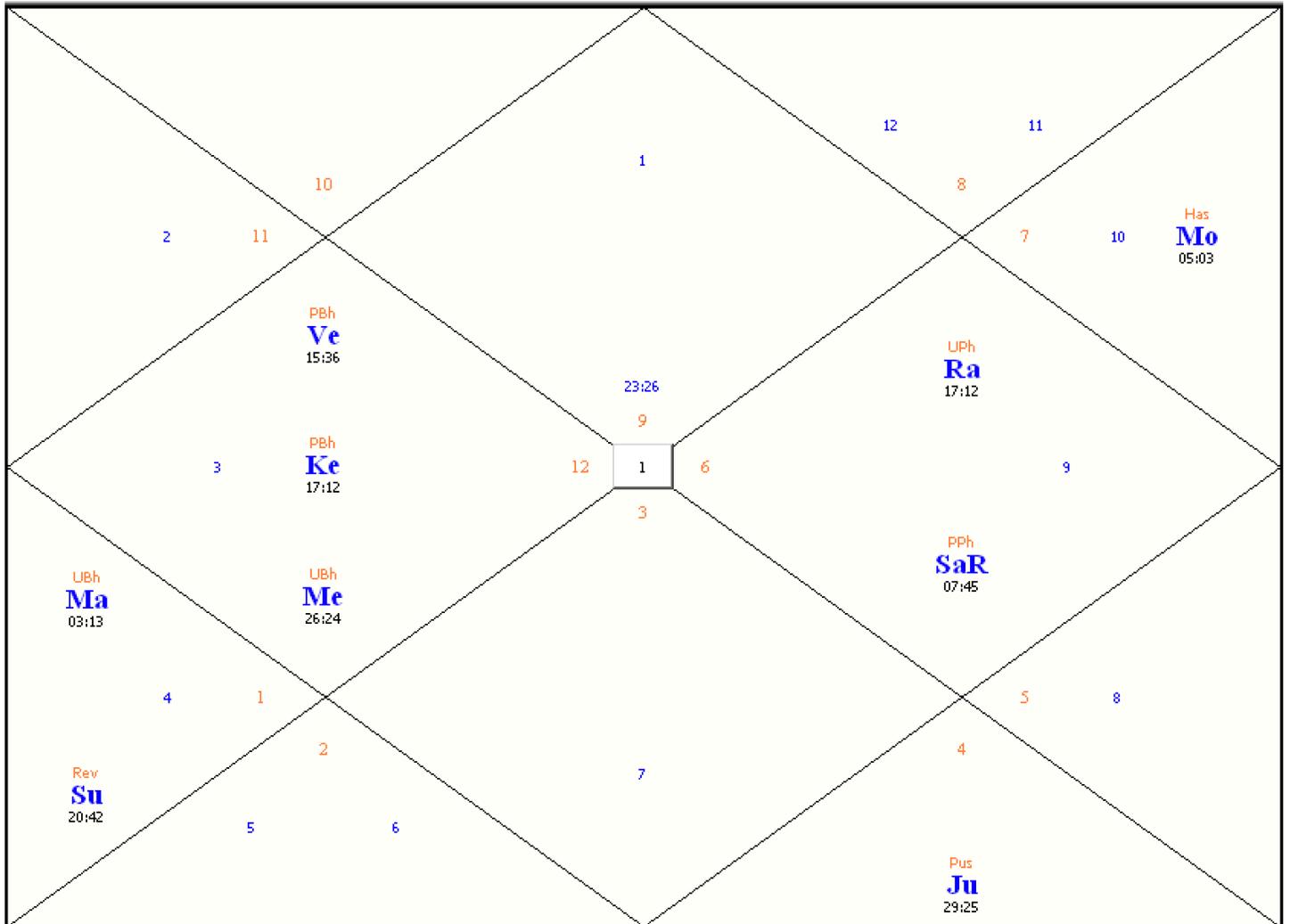


## Shadbala or the Six strengths of the strongman Elliot Hulse



	Su	Mo	Ma	Me	Ju	Ve	Sa
<b>Sthana Bala</b>	<b>266.4</b>	<b>129.3</b>	<b>363.3</b>	<b>68.8</b>	<b>228.9</b>	<b>154.2</b>	<b>132.9</b>
Ucha Bala	56.43	9.31	38.26	3.81	51.86	56.20	45.92
SaptaVarga Bala	120	45	220	35	147	53	72
Ojhayugma Bala	30	15	30	15	0	30	0
Kendradi Bala	60	60	60	15	30	15	15
Drekana Bala	0	0	15	0	0	0	0
Required Sthana	165	133	96	165	165	133	96
<b>% of Required</b>	<b>161.5</b>	<b>97.2</b>	<b>378.4</b>	<b>41.7</b>	<b>138.7</b>	<b>115.9</b>	<b>138.5</b>
<b>Dig Bala</b>	<b>1.71</b>	<b>3.14</b>	<b>3.78</b>	<b>35.65</b>	<b>11.05</b>	<b>51.69</b>	<b>39.94</b>
Required Dig	35	50	30	35	35	50	30
<b>% of Required</b>	<b>4.9</b>	<b>6.3</b>	<b>12.6</b>	<b>101.9</b>	<b>31.6</b>	<b>103.4</b>	<b>133.1</b>
<b>Kaala Bala</b>	<b>6.7</b>	<b>113.3</b>	<b>63.7</b>	<b>174.8</b>	<b>116.3</b>	<b>146.3</b>	<b>123.7</b>
Natomata Bala	1.48	58.52	58.52	60.00	1.48	1.48	58.52
Paksha Bala	5.21	54.79	5.21	54.79	54.79	54.79	5.21
Tribhaga Bala	0	0	0	0	60	60	0
Varsha Bala	0	0	0	15	0	0	0
Masa Bala	0	0	0	0	0	30	0
Dina Bala	0	0	0	45	0	0	0
Hora Bala	0	0	0	0	0	0	60
Required Kaala	112	100	67	112	112	100	67
<b>% of Required</b>	<b>6.0</b>	<b>113.3</b>	<b>95.1</b>	<b>156.1</b>	<b>103.8</b>	<b>146.3</b>	<b>184.7</b>
<b>Ayana Bala</b>	<b>40.35</b>	<b>32.53</b>	<b>31.61</b>	<b>31.79</b>	<b>56.08</b>	<b>22.80</b>	<b>18.88</b>
Required Ayana	30	40	20	30	30	40	20
<b>% of Required</b>	<b>134.5</b>	<b>81.3</b>	<b>158.1</b>	<b>106.0</b>	<b>186.9</b>	<b>57.0</b>	<b>94.4</b>
<b>Cheshta Bala</b>	<b>40.35</b>	<b>54.79</b>	<b>7.72</b>	<b>41.89</b>	<b>34.47</b>	<b>22.71</b>	<b>46.10</b>
Required Cheshta	50	30	40	50	50	30	40
<b>% of Required</b>	<b>80.7</b>	<b>182.6</b>	<b>19.3</b>	<b>83.8</b>	<b>68.9</b>	<b>75.7</b>	<b>115.3</b>
<b>Drig Bala</b>	<b>32.1</b>	<b>66.7</b>	<b>56.6</b>	<b>56.5</b>	<b>13.1</b>	<b>44.3</b>	<b>32.4</b>
<b>Naisargika Bala</b>	<b>60</b>	<b>51.43</b>	<b>17.14</b>	<b>25.71</b>	<b>34.29</b>	<b>42.86</b>	<b>8.57</b>
<b>+/- for Yuddha</b>	<b>0.0</b>						
<b>Shad Bala Total</b>	<b>447.7</b>	<b>451.2</b>	<b>543.8</b>	<b>435.1</b>	<b>494.2</b>	<b>484.9</b>	<b>402.6</b>
Required	390	360	300	420	390	330	300
<b>% of Required</b>	<b>114.8</b>	<b>125.3</b>	<b>181.3</b>	<b>103.6</b>	<b>126.7</b>	<b>146.9</b>	<b>134.2</b>
Fupas	7.46	7.52	9.06	7.25	8.24	8.08	6.71
<b>Relative Rank</b>	<b>5</b>	<b>4</b>	<b>1</b>	<b>6</b>	<b>2</b>	<b>3</b>	<b>7</b>

Who is Elliot Hulse? The essay attempts to answer this question while simultaneously providing clarity in the processes involved in the application of the various astrological principles and techniques as taught over the past year or so at Asheville Vedic Astrology.

Tamasic in nature, it is motivated to solve problems and seek to resolve immediate threats, Mars; the Graha (seizer) under consideration for the purpose of this essay. Upward looking is his sight, thus, a leader and guide for the purpose of protection and upholding righteousness (Kshatriya). Krura or Cruel is his nature as it seeks to actively (Masculine in quality) engage and disarm the threat. Violence is not his way as often misunderstood, it is merely a means to an end. He rules over the Jnanendriya of Sight and thus acquires knowledge from colors, and Karmendriya of Feet which are responsible for Motion. Fire is his element as he uses discrimination, determination, and desire to destroy that which seems to be an obstacle.

Mars seeks to guard, guide, and govern all the matters that makes one believe that "they are". Safeguarding the interests of the individual consciousness, whether matter or mind, the elusive processes of Maya necessitate Mars to actively map meanings and thus, make Man more meticulous in his approach to the four goals of life: Dharma, Artha, Kama, Moksha.

We shall begin the Analysis from the Deha-Sthana, the place of the body, or the place from where we engage with the physical realm. Sagittarius Ascendant with the Ascendant lord, Jupiter, exalted in the 8th house in the sign of Cancer, the life path of the consciousness can be deciphered thereof. The 8th house of esoteric phenomenon, sudden disruptions, catabasis, and calamity with an exalted Jupiter, the planet of philosophy, religion, and other ethereal matters reveal that he has had numerous philosophical crisis caused by physical (lagna) and emotional (sign of cancer) injuries (8th bhava) that radically altered his lifepath numerous times. Rediscovering himself after spiritual, emotional, and physical turmoil caused Elliot to metamorphosize into numerous personas, gradually acquiring the wisdom that he now embodies. Jupiter is also the Atmakaraka (planet of the Self) and thus, a double significator of the prominence of Jupierian themes such as teaching and preaching.

Mars is in its own rasi Aries at 03:13 degrees, thus, in Dignity, it is Mulatrikona; in Jagradaadi Avathas, it is Jagrat or awake; in Balaadi Avasthas it is Bala.

Applying the Prosperity:Annihilation ratio we get 3:2.

Mulatrikona Mars is placed in the 5th house with an exalted Sun in the sign of Aries. The 5th place shows the “purvapunya” or past life merit, also referred to as “Raajgaddi” or the throne of the king, it is also the place that shows love, self-

expression, education, children. Elliot propounds the philosophy behind the King and Warrior archetype and how it is forgotten in the millennial man.

Sthana Bala: Mars is 378.4% of the minimum required points in Sthana Bala or Positional Strength. The innate stance physical and psychical that Elliot Hulse embodies is that of a warrior. To actively engage with obstacles and wrestle with them until a solution is found is evident from his tagline “be the strongest version of yourself”. Self-improvement via discipline and training are Martian themes.

The extremely high Sthana Bala and the well-dignified and well-placed Mars reveals much about the inner and outer battles that he has fought and won to gain a position of authority in his field. If Mars did not have a good dignity then the method becomes the obstacle.

Note: Shadbala shows the inherent strength of a Graha, its beneficence or malevolence is ascertained through other indications such as Graha and rasi aspects, dignity, avasthas, etc.

The lord of the 12th house in the 5th house and 5th in the 5th house in a good dignity with 3:2 of Prosperity: Annihilation ratio, along with planetary aspects from Moon and Jupiter of 60 and 34 Virupas, respectively, shows expenses but not losses with respect to all the associated symbols with such a planetary placement; such as

Children, Education, Creative self-expression, love-life, etc. Logical analysis with a calm mind, retreating until the solution is found, is a Martian theme.

He has four children, and therefore, has had extreme expenses. Elliot has openly discussed the times when he had to work extensively in order to pay off a huge amount of debt and put food on the table (Refer to his videos on the Non-job revolution). The need to be a good Father (exalted Sun) drove his Mars to solve this problem through logical and directed efforts towards cultivating self-expression (This gave birth to his Youtube Channel a decade ago). The entrepreneurial side of Mars is always instigated by an urge to solve a problem.

Dig Bala: Mars has only 12.6% of the required Dig Bala or Directional Strength. This shows us that even though the Stance in life is that of a warrior it is not the warrior-ness of his being that gives him a direction; one could say he is not inherently a go-getter. It is Venus' 103.4%, Mercury's 101.9%, and most importantly Saturn's 133.1% of the minimum required points of Dig Bala that provide the direction. Saturn conjunct Rahu in the sign of Virgo in the 10th Bhava clarifies the perseverance, resilience, and the ability to move past structuralism is what has helped Elliot find fulfillment in work. Rahu gives a Shameful State or Lajjita Avastha to the planets it is conjunct with, and one tends to obsess over those things as a compensation mechanism, in this way, Rahu's way, we all learn that which we are embarrassed and humiliated as beginners; not knowing why and how to get it but still wanting it.

Venus is “the most important planet” of Dig Bala as it is the planet that governs our ability to make choices by weighing the consequences, and life is often misdirected and over-complicated by poor choices causing more suffering than one is fated to encounter. A strong Dig Bala Venus shows Elliot’s ability to properly value the worth of one’s actions and thus, make better choices. Venus is the karaka of Wife and Elliot’s long-standing marriage with a powerful woman such as Colleen is self-evident of its high Dig Bala.

Note: The strongest planet in a Sub-Bala of Shadbala in congruence with the placement of that planet in the birth chart reveals intricacies of a person’s karmic make-up.

Kaala Bala: Saturn has the highest Kaala Bala or Time Strength. Kaala Bala shows the impact of a Graha’s karmic agenda upon a consciousness through the cycles of time. Saturn is the planet of Psychology, Separation, and Self-Absorption. Saturn is placed in the 10th Bhava with the obsessive-compulsive Rahu in the problem-solution oriented sign of Virgo shows that during periods of Saturn-Rahu (1996-1999) and other times when Rahu and Saturn have activated the consciousness experienced depression, dearth, and deterioration in the matters of one’s place in the world. Elliot has expressed concern surrounding these when he was in college as well as other times in his career.

Saturn is “the most important planet” in Kaala Bala, as he is the ruler of all the limitations of life and time being the ultimate limitation. One is deeply affected by

Saturnian themes, 10th house for Elliot, and seeks to compensate to this limitedness by doing work that balms such a bruise (Virgo is the sign of healing).

Mars has 95.1% Kaala Bala which again shows that Children, Love, and Creative Self-expression have been the key themes that have driven him to go to war with himself and the world. Mars is the Karaka of Injuries and sudden accidents, Elliot has had two life-changing injuries; tearing his Achilles' tendon and his bicep. These injuries severely impacted his self-expression and path in life, and he began speaking about how "your wounds become the womb".

Sun-Mars conjunction gives Agitated Laajitaadi Avastha to Mars. Sun is the lord of the 9th house of beliefs and philosophies, and his children will definitely feel the radiance of righteousness that Elliot exuberates. This will put pressure on the children to know, do, and be right according to their father. There can be a conflict with the children due to this.

Ayana Bala: Sun, Jupiter, and Mars have 134.5%, 186.9%, and 158.1% of Ayana Bala or Conflict-resolution strength, respectively. Jupiter is the Atmakaraka, Exalted, Lagna lord, therefore, shows us that study of religion, faith, forgiveness, and philosophy is what leads to resolution of inner-battles and conflict most prominently. High Ayana Sun and Mars reveal that Sun's steadfastness, integrity, and self-sacrificial nature as well as Mars' ability to get its hands dirty when it needs to have also supported in conflict resolution. Mars is the Darakaraka or the

Significator of the spouse, and Colleen Hulse is surely the woman behind Elliot's success.

Cheshta Bala: Mars has 19.3% Cheshta Bala or Behavioral Strength while Moon has 182.6%. Cheshta Bala is the strength of a planet to express itself radiantly and naturally. Note: It is observed that famous personalities have a high Cheshta Moon.

Moon or Manas is the individual consciousness and its unique expression. A high Cheshta Moon individual expresses their ego prominently. Moon is also the planet that charms, asserts, and nourishes, and these qualities are prominent in Elliot's self-expression. Moon is in the 11th house of group facilitation in the sign of Libra, which is a social rasi of associating with others. He facilitates huge gatherings of Men where he talks about masculinity and conduct group Dynamic OSHO meditations, bio-energetic therapies, etc. Moon is the 8th lord and the dispositor of Jupiter, therefore, the esoteric phenomenon to release locked up emotions becomes a driving factor in all achievements in his life (11th house).

Mars weak Cheshta Bala shows the need to develop Strength of character in the 5th house matters of love, children, and self-expression. These surely did not come naturally to him, and gradually through Martian discipline and focused attention, these have been cultivated. The emphasis on learning the "way of the men" and then feeling inspired to preach this message reveals the psychological dearth that has been gradually transformed into abundance through sheer effort. Moon's strong Cheshta Bala helps nurture all that which the consciousness seeks to fulfill.

Drig Bala: All planets have a positive Drig Bala or Aspectual Strength. This is uncommon and shows that all effort find success without disruption. There is room for growth and support for such growth provided by circumstances, naturally. Moon, Mars, and Mercury have the highest Drig bala, that is, they receive benefic aspects from their Natural Friends, and thus find ease in fulfilling their Karmic Agendas. Moon's ability to adapt and grow, Mars ability to respond and resolve, and Mercury's ability to manage and manifest are key driving forces that put Elliot in circumstances conducive to the fulfillment of his purpose.

In conclusion, the Shadbala or Six strengths of the Grahas reveal the inherent virility of a planet to take care of its affairs. Mars has the overall highest score in Shadbala at 181.3% of the minimum required points, and this in and of itself shows a Warrior-like approach to life.

#### Resources:

- i) The Art and Science of Vedic Astrology Volume II by Richard Fish and Ryan Kurczak
- ii) Handbook on Shadbala by Ernst Wilhelm
- iii) Hulse's Youtube Channel and Website

