



searchinsachin  
Stars. Psyche. Being.

NOVEMBER 1 2020 | ISSUE 8

# WISDOM OF JUPITER

The Official Weekly Newsletter of Searchinsachin

## RESOURCES TO HELP YOU THROUGH

Book:

Self-Compassion: The Proven Power of Being Kind to Yourself by Kristin Neff

Background music for the newsletter: The Northerner Diaries by Jeremy Soule

Song: Jupiter's Call. by Trevor Hall

Affirmation: There is a Jupiterian side to my being waiting to be explored. It is where joyfulness resides.

Jupiterian Movie  
Recommendation: Wonder

## SIGNIFICANCE OF JUPITER

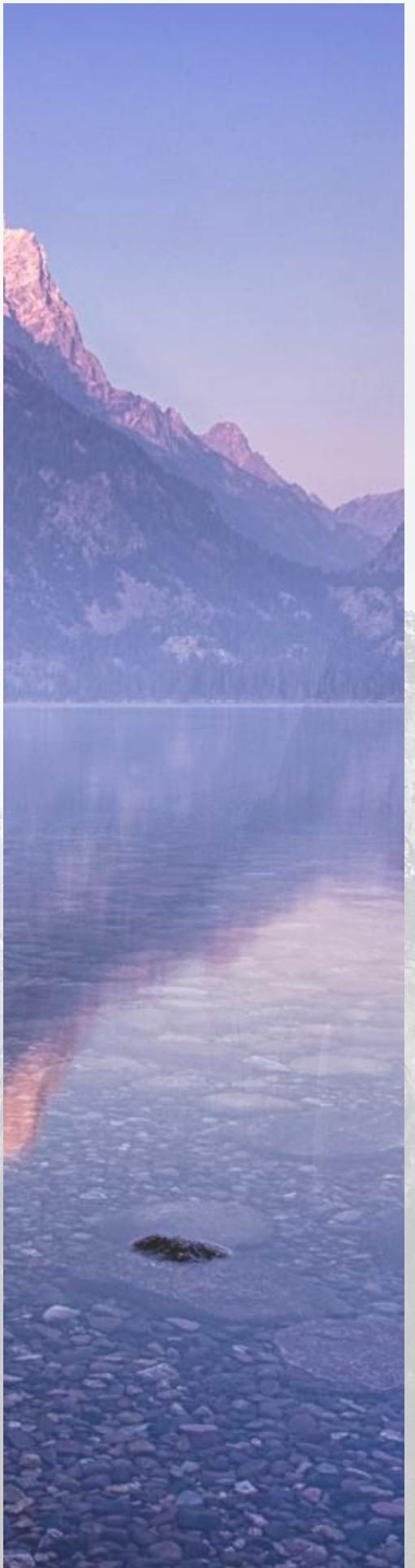
Compassion, all-encompassing vision, wise metaphysical insights into the nature of reality, creativity, child-like openness and curiosity, multi-cultural worldcentricism and kosmocentricism, as well as the inner self-sustaining goodness and joy - I thus consider Jupiter to be the most important of all.

Embodying this Jupiterian perspective through moral effort, surrender, and humble seeking can allow us to improve the quality and expression of Jupiter within our ever-creative Solar System or 'Self System' as I like to call it.

Let's dive deeper.

The generally misunderstood idea of, "I am under the influence of the planets", must be done away with - for we barely understand the very 'I' that we referring to. If someone asks you, "Who are you?", the best possible answer will include your name, your career, your place of birth, your likes and dislikes, etc. In the final analysis, we ask who is this 'I' that is referring to itself, who is behind the answering itself, and this requires a much deeper interrogation.

Jyotisha tells us where to look, how to notice the mannerisms and functioning of this 'I', how to intellectually enter a state of witness consciousness, and resolve the fate-freewill issue. This allows for us to release our grip upon life, and life is allowed to live itself through us. This lofty, abstract utterance becomes a rational and self-evident truth as one progresses into more clarity of perception through contemplating the mystical matters and the inter-connectedness of everything via Jyotisha. Jyotisha speaks of two I's - the Sun and the Moon. The Sun being the transcendental 'I' and the Moon being the more mundane 'I'. The Sun is the absolute and Moon is the relative.



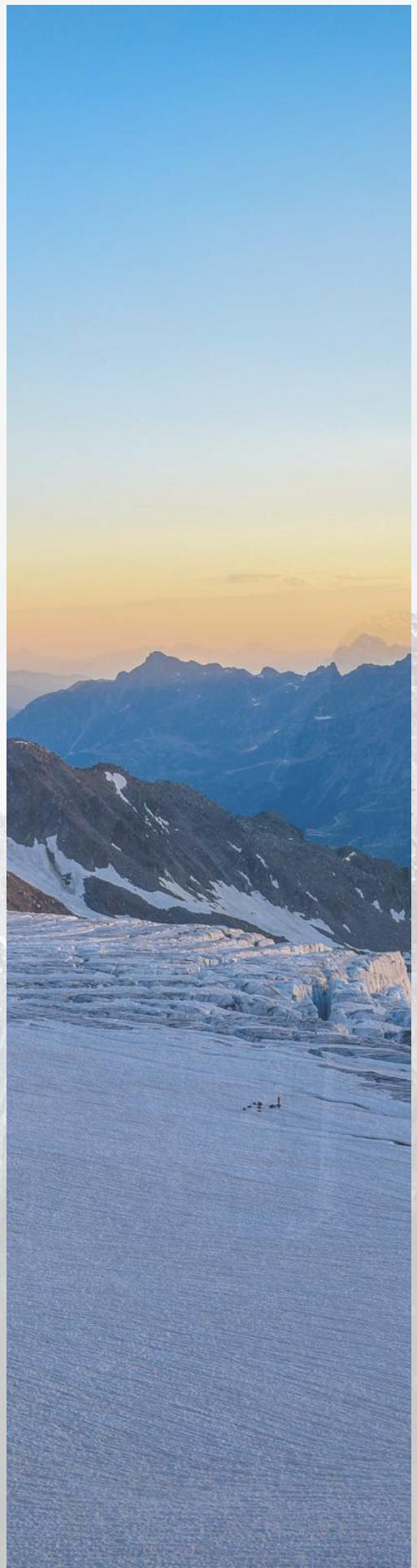
As long as one is asleep to the condition of the Sun or Atman, one feels under the influence, under possession of one's aversions, cravings, and lusts. Astrology can essentially only be fathomed from the standpoint of the Sun which is away from the carnality.

The light of Sun is reflected as creative inspiration, nobility, and self-responsibility in the waters of a calm Moon.

Sun is the rational higher intelligence which we are, and the Moon is the intuitive reflection of the Sun. Both are required to work together for experiencing itself.

I consider Jupiter to be the most important of all the Grahas - after Sun and Moon (without the Sun and Moon experiencing will not be possible, they are the very 'Self' and the 'self' upon which everything else rests), it is Jupiter which requires an extensive analysis.

In this issue, we will explore the wisdom of Jupiter and how our psyche relates to it. We will also discover some practical tips which will directly improve the quality of the Jupiterian aspects of our Self and self.





## NAMES OF JUPITER

Let's explore the psycho-physical effects of Jupiter by understanding its many names, as you will see, this can be deeply revealing. The beauty of Sanskrit language is that the 'word' itself explains its meaning and definition.

Jupiter is commonly known as 'Guru', the word 'Guru' means 'heavy', and its the literal astronomical heaviness of Jupiter which confirms the relevance of this name (This in and of itself is so fascinating).

What is also interesting is that the Sanskrit term for gravity is 'Gurutvakarshan' (गुरुत्वाकर्षण) which is an amalgam of Guru-tva-akarshan. 'Guru' means 'heavy' or 'big', 'Tva' means 'You', and 'Akarshan' means 'Attraction' - thus implying, 'that which is heavy attracts.'

The 'heaviness' of Jupiter requires a deep analysis. Jupiter's dense heaviness causes it to have a very strong gravitational pull. In fact, so strong is the gravitational pull of Jupiter that it pulls Sun towards itself. This causes the Sun to revolve around a small point known as Barycenter. This is of a great symbolic significance.



Jupiter, the Guru, is said to influence the Atma/Self/Sun through its pull, and the Sun pulls Jupiter towards itself. The adages, "the teacher shows up when the student is ready", "the master finds the disciple", all such utterances have not haphazardly arisen, they are not rooted in any sort of poetic romanticism, but experientially noticed and asserted by the many students and their spiritual masters and other more mundane teachers over time.

This can also be verified by anyone who has a spiritual master, a simple reading of Paramhansa Yogananda's 'An autobiography of a Yogi' or works and experiences of other disciples with their masters will reveal what the effect of the pull of a true spiritual masters does.

Guru is the spiritual guidance mechanism within the Self-System (Solar/Sun-System). Either by the way of Whispering Wisdom or Spiritual Insights, the deep voice of the Guru within is the way to discern right from wrong on the path of love, expansion, understanding, and evolution of consciousness.



Therefore, having a teacher who can not only teach what it knows but also teach knowingness itself is of great significance.

A true Guru allows the student to become the master and even go beyond.

Another meaning of the word 'Guru' as explained in the Kriya Yoga tradition is, 'that which brings light to darkness', derived from the root words, 'gu' and 'ru'.

As Ernst Wilhelm writes in 'Graha Sutras', "Guru has a secondary meaning in referring to those that are heavier in knowledge – the true weight of a man. Guru, therefore, also refers to Jupiter's role as the spiritual teacher for which he has many names: Suraguru, Suracharya, Devamantri, and Devejya, all of which means, "the teacher of the divinities." Jupiter's role as the teacher of divinities refers to his role in providing spiritual, psychological and behavioral counsel. Jupiter's counsel is directed towards our spiritual selves and helps us uplift ourselves above our daily problems and direct us towards God realization, thus he is the teacher of the divinities. Due to being the teacher of the deities, he is Sureshta, "desired by gods."

Jupiter is also known as Vacaspati and Vagisha both of which mean "Master of Speech" or "Lord of Speech", and this tells us that, Jupiter is connected to Speech. But is it that aspect of the psycho-physical anatomy which gives speech? No, that is the role of Mercury. What Jupiter rules over is the Sound aspect of speech. Thus, Jupiter also is known as "Mantra", mantras as we know are based on the psycho-physical effects phonetics and cymatics. As told by the masters of various great traditions, In deep meditation, there is a Sound Current that can be heard, it is known by many names such as "Shabda", "Music of the Spheres", "Naad", etc. It is this Sound current that is governed by Jupiter, the Guru. In fact, in some traditions it is said that only the Guru can confer the holy 'Naam' or the divine sound current which can literally be heard by the practitioner of meditation - this is known in all spiritual traditions including Buddhism and Sufism.

Another name for Jupiter is 'Mantra', which has a four-fold connotation: firstly, the power of thought to affirm, assert, believe, and thus, embody, enact, and attract. Secondly, the charged guru-mantra given to the disciple by a spiritual master. Thirdly, the generic mantras which are linguistically and phonetically constructed in such a way that they produce a sound vibration that has positive effects on the psyche.



Fourthly, and deeply profound is a revelation put forth by Ernst Wilhelm, he states, "Mantra is much more than the hymns of power. According to Shiva, Mantra is that which maintains the life of all living creatures: "The in-breath and the out-breath, which together hold the life of all the living things of Brahma, even that of a worm, are called Mantra." Through the proper awareness and use of Mantra, of the in-breath and the out-breath, a person becomes spiritually realized and thus Jupiter rules those spiritual practices that concentrate on the breath and upon the life force.

Another name is Samsiddhikarma which means 'connected with successful works', and tells us why Jupiter is often regarded as the planet of luck. Jupiter seems naturally follow all the rules that we associate with the law of attraction and law of abundance.

Jupiter is the capacity to say the right thing at the right time to the right person, all of which is based on the judgment of the inner-wisdom mechanism, and this is what feels like luck, where things just seem to work out, a grace is felt, one thing leads to another, efforts bear fruits, so on and so forth.

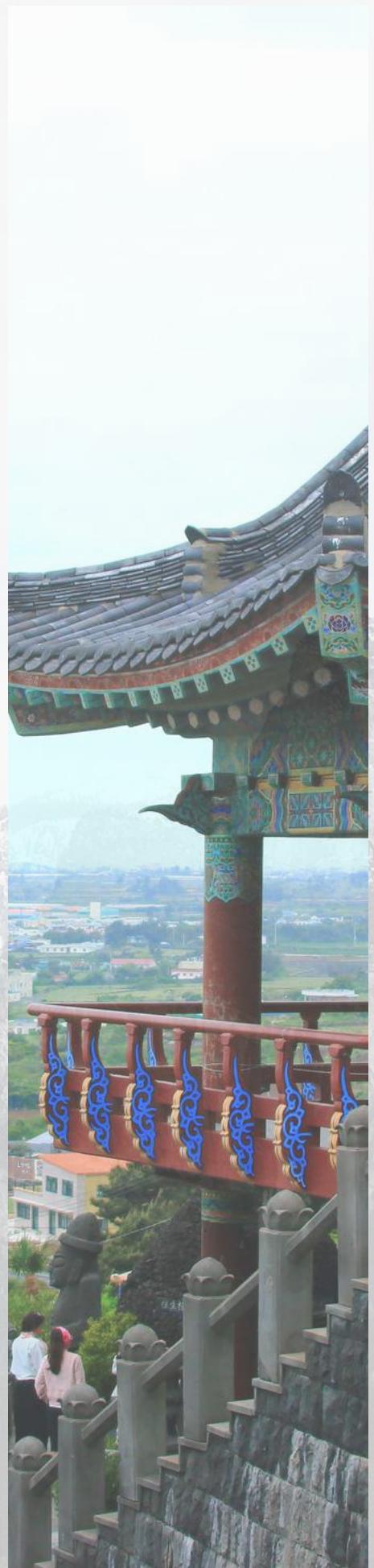


Another very commonly known name for Jupiter is Brihaspati which means, "Lord of Prayer". The psychological effects of a heartfelt prayer is scientifically understood - the state of surrender that one enters in deep prayer is said to have a deeply healing effect on the mind and the body. Thus, an afflicted Jupiter in the birth chart can become healed through surrender and prayer (This connects when we consider that Jupiter rules the sign of Pisces, which essentially symbolises Surrender. This will be discussed in a later section).

So we have the following names:

- 1) Guru
- 2) Vacaspati and Vagisha
- 3) Mantra
- 4) Samsiddhikarma
- 5) Brihaspati

Each of these names have deep significance and can be contemplated to get deeper insights into the nature of all that which Jupiter represents - things such as, wealth, children, luck, compassion, empathy, joy giving wisdom, husband, life and living beings, grace, expansion, openness, godliness, meta-physicality, and abundance.



## ELEMENT OF JUPITER

The Sanskrit word for elements is Panchatattva, which means "Pancha" meaning 'Five', and 'Tattva' meaning 'Essence', thus, referring to the Five Essences or Elements, namely, Ether, Air, Fire, Water, Earth. They constitute everything perceptible through the physical and mental faculties.

Out of the five elements - Jupiter is Ether. Therefore, an understanding of Ether reveals to us the nature and role of Jupiter within the Psycho-physical framework as given by astrology.

"Providing access for the Tattvas, causing exteriors and interiors, and housing Prana, the Indriyas and the individual self are the characteristics of Ether."

- Srimad Bhagavatam: 3.26.34

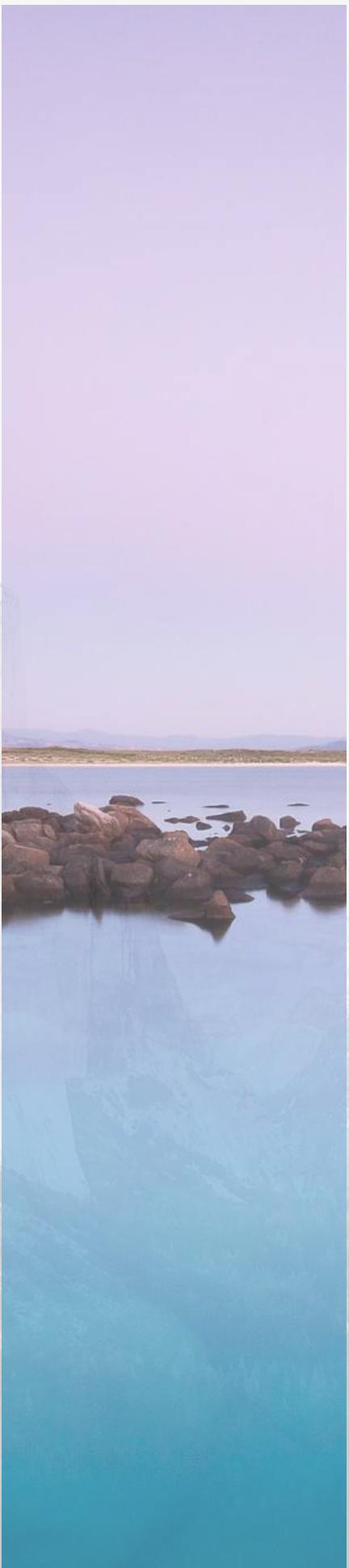
Here is what we understand from the above Sutra:

- 1) Ether/Jupiter gives the interiors and exteriors, which tells us that it is omnipresent. It is the very Space within which Time functions. Jupiter is also told to be "All-Knowing" in another sutra by St. Parashara.



**2) Housing Prana** - Prana is the life-force which keeps all the voluntary and involuntary functions of the mind-body complex functioning. Thus, Jupiter is the very giver of life. As Dr. David R. Hawkins said in one of his talks, "There is always a living perfect spiritual Guru on Earth, otherwise, life will cease to exist, because law of empathy and compassion will be overridden by law of karma (an eye for an eye makes the whole world blind). It is through the vibration of Jupiter within the Self-system that the world sustains itself. David R. Hawkins himself was a Guru (a spiritual master), and I have observed this to be true in my personal observations as well whatever they may mean to you, especially with Jupiter transits, especially the current one where Jupiter's weak position globally is causing several beings to perish catastrophically on all levels of analysis, laying the seeds for a greater collective shift.

**3) Housing Indriyas** - Jupiter or Ether is where the generative cycle of all the other elements in succession begins - from ether comes air, from air comes fire, from fire comes water, and from water comes earth. So, it is from Jupiter that the rest - Saturn, Mars, Venus, Mercury comforts. Please contact me for further clarifications.



4) Housing individual self, which self are they referring to in this Sutra, the Sun or the Moon? It is the Moon, the individual preferential conditioned self which is housed by Jupiter. Sun is transcendental and above all.

Jupiter provides the exteriors and interiors for everything which is a characteristic of Ether, it is the very space within which everything else is contained, and thus, it houses the rest. To house something means to contain something within something greater.

Jupiter's Ether provides the space within which the individual consciousness (the moon) can function, the physical and mental senses can be experienced, the prana or chi energy can flow. Do you see why I consider Jupiter to be the very foundation of the birth chart in some sense?

An afflicted and weak Jupiter causes one to have lack of purpose, a parasitic effect on others (energy-vampires), jealousies, and pessimism, hedonism, nihilism, and other more uninspiring and negative modes of being. One feels confined, stuck, scared, and out of love.

## Ether Element Dominant

शब्दार्थवित् सुनीतिज्ञो प्रगल्भो ज्ञानसंयुतः ।

विवृतास्योऽतिदीर्घश्च व्योमप्रकृतिसम्भवः ॥ ८ ॥

śabdārthavit sunītijño pragalbho jñānasamyutah,  
vivṛtasyo'tidīrghaśca vyomaprakṛtisambhavaḥ.

*"The Ether originating is one wise in taking advantage from words, knowledgeable in policy/conduct, confident, joined with wisdom, open to that and very tall."*

*Brihat Parashara Hora Shastra: Results of the Five Elements, 8*

Rishi Parashara in Brihat Parashara Hora Shashtra lets us know the Psycho-physical characteristics of Jupiter as given in the above sutra (taken from Graha Sutras of Ernst Wilhelm). The openness and inner-wisdom then allows for that which is felt by the heart to cause a transformation, a change, an understanding. This creates knowledgeability, as nothing is held onto and nothing is rejected - ether in this way is simply being.

As we read in the above Sutra, Taking advantage from words, knowledgeable in policy and conduct, wise, open, and tall. Jupiter has a strong capacity to listen carefully, notice, and make sense out of what is being said. The teaching enters the heart and creates a transformation, the words are not just heard but felt.

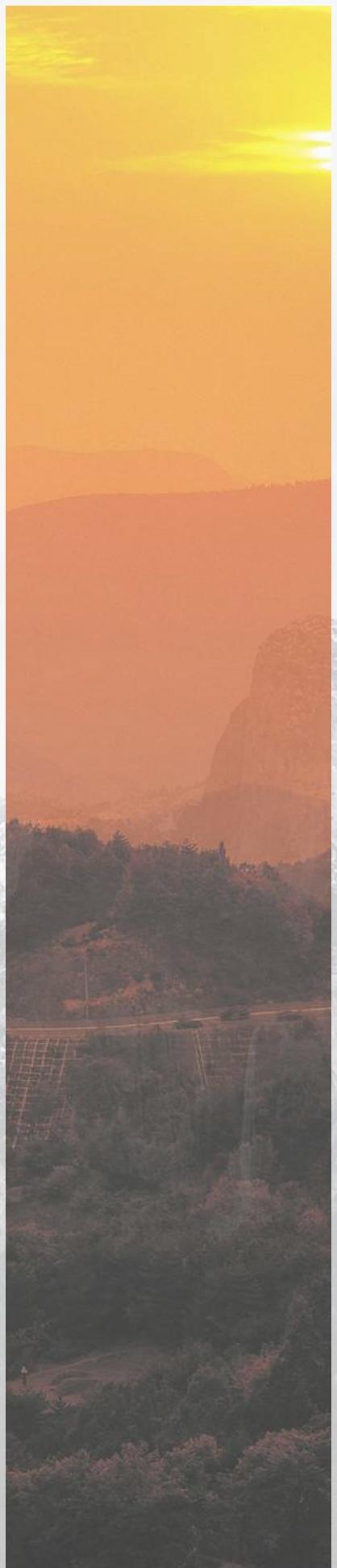
The openness and inner-wisdom then allows for that which is felt by the heart to cause a transformation, a change, an understanding. This creates knowledgeability, as nothing is held onto and nothing is rejected - ether in this way is simply being. All of these qualities then create a confidence within one's self (moon), and allows one to attract more abundance, purpose, and meaning.

On the purely physical level, it causes one to be tall. Tallness is symbolic of having a higher vantage point - objectively helping and overseeing affairs.

## JUPITER AND THE SELF

The inner-wisdom mechanism must work in coherence with the Sun and the Moon - the Self and the self, the creatively inspired Sun and the conditioned preferential consciousness Moon. Jupiter knows that Sun's absolute awakening is as important as Moon's relative growth. Jupiter thus, like all other planets must play a dual role - one for the Soul and the other for the Psyche.

The Self is the Atman, the Sun. The Atman is the consciousness which persists regardless of the body-mind complex (Earth-Moon complex). The self is the Manas, the Moon. The individual ego while revolving around the Earth (body), creates the mind-body complex, which is the foundation upon which the light of consciousness (of Sun) is shone and matters become perceptible, knowable, and transcendable. Jupiter, must work with the Atman and Manas, the Self and the self, the Sun and the Moon, in tandem. It does so naturally, we can observe consciously, and engage in the process wilfully. The difference between pleasure and joy is the difference between Venusian worldly fulfilment and Jupiterian self-induced fulfilment - the former requires two, and the latter requires only one's self and Self.





## PLANETARY PSYCHODYNAMICS WITH JUPITER

It is the planetary relationships which then are replayed or re-enacted on earth - this was well-understood by the ancient cultures. But to them and even to various 'modern' astrologers, the planets were/are gods separate from the self, but this is not the case. We are an amalgamation of all the energetic forces being organised in a certain manner by the central force of the Self/Sun. They are Gods if only we haven't realized our role as the Sun, the light of which enlivens and upholds even the gods.

We are archetypal motifs being playing itself out in a patterned manner.

Every graha has friends, enemies, and neutrals with all the other grahas, and understanding this dynamic unravels the relationships of the many people within our Self-System.

Mars, Sun, and Moon are friendly towards Jupiter. To be friendly means to support the psycho-physical stance of that planet.

Saturn is neutral towards Jupiter. To be neutral is to neither support nor interfere.

Venus and Mercury are inimical towards Jupiter. To be inimical to Jupiter is to create troubles for it, thus deranging its natural psychophysical equanimity.

Interestingly enough, Jupiter is the only graha that is not an enemy to any other graha. It is at worst only Neutral. This is a peculiar quality of Jupiter, the Guru, who does not seek to hurt anyone whatsoever and functions on the law of compassion.

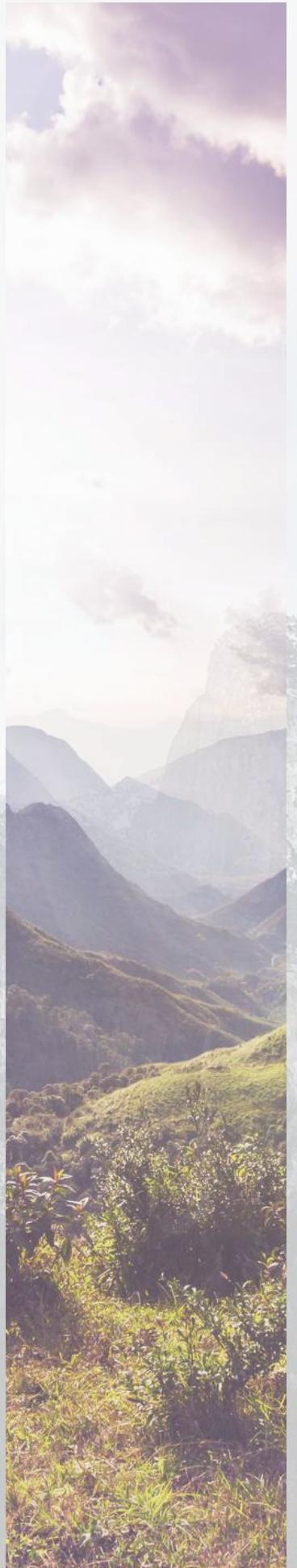
## JUPITER AND FRIENDS

Sun, Mars, and Moon love Jupiter. They want to support Jupiter in its agendas and help it create a healthy physical and psychological reality.

What are Jupiter's agendas? To cultivate an inner-wisdom mechanism which can act as a guiding in not just this world but the worlds beyond.

Sun is our creative inspiration, integrity, self-confidence, self-reliance, constancy, and nobility. These qualities are indeed compatible with Jupiter's knowledge seeking goodness and compassionate nature.

Mars is our will-power, self-restraint, and the ability to discipline, train, and transform. These again are qualities that the Guru dearly appreciates and requires in order to fulfil its agenda of expansion, understanding, and embodiment of wisdom. Fortune favors the brave. Creation responds to courage.



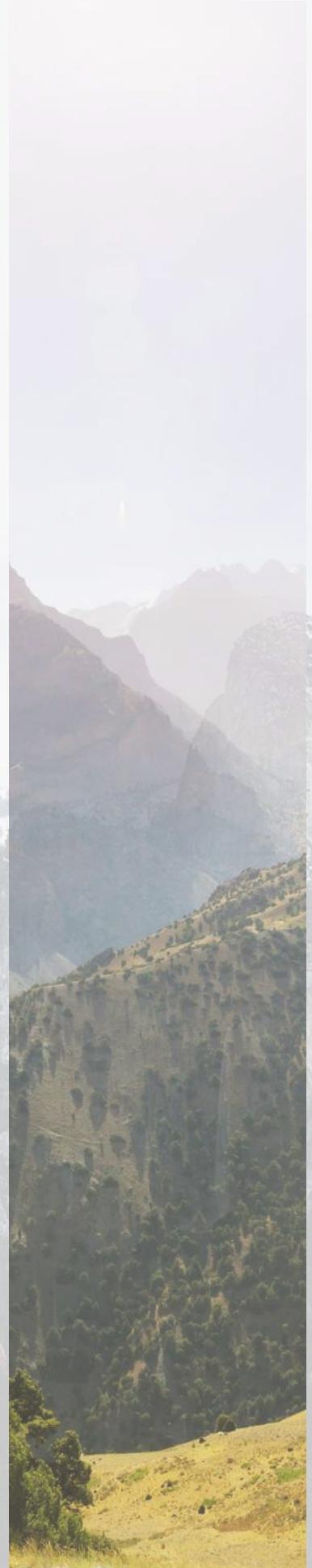
Moon is our receptivity, adaptability, resourcefulness, and the ability to intuitively listen to ourselves and have an inner-knowing of what those around us need and what we need from them. While Jupiter is neutral to Moon, Moon is friendly towards Jupiter, which shows that the inner-wisdom mechanism of Jupiter neither disrupts nor supports the agendas of the Moon, however, Moon seeks support the goodness of Jupiter, especially in order to fulfil its needs in the highest possible manner.

Moon supports Jupiter to maintain a healthy sense of self, move towards positivity and meaning, and a deeper state of presence.

## JUPITER AND ENEMIES

Venus and Mercury are the two enemies of Jupiter, and therefore, disrupt that which Jupiter stands for.

Venus is the sensory fulfilment we can derive from the world. It governs the worldly fulfilment from the various long-term choices that we make (such as marriage, career, and relationships). It is the fine coveted pleasures of the senses - all those activities that give us a psychological ease in this otherwise painful world. However, the pleasures of Venus are not lasting, and Jupiter understands this message and thus seeks to impart this wisdom.



Jupiter, as it is to all other planets, is Neutral towards Venus. Jupiter understands that a healthy relationship to the senses and worldly pleasures and fulfilment are important matters for the psyche. But it is when we seek 'happiness' from these external sensory and sensual sources that there is a problem. Venus is inimical towards Jupiter and seeks to disrupt the Sun-Moon complex from turning inwards into a Jupiterian state of meditation and find a deeper fountain of joy which arises from understanding the metaphysical intricacies of the self, the Self, and life itself.

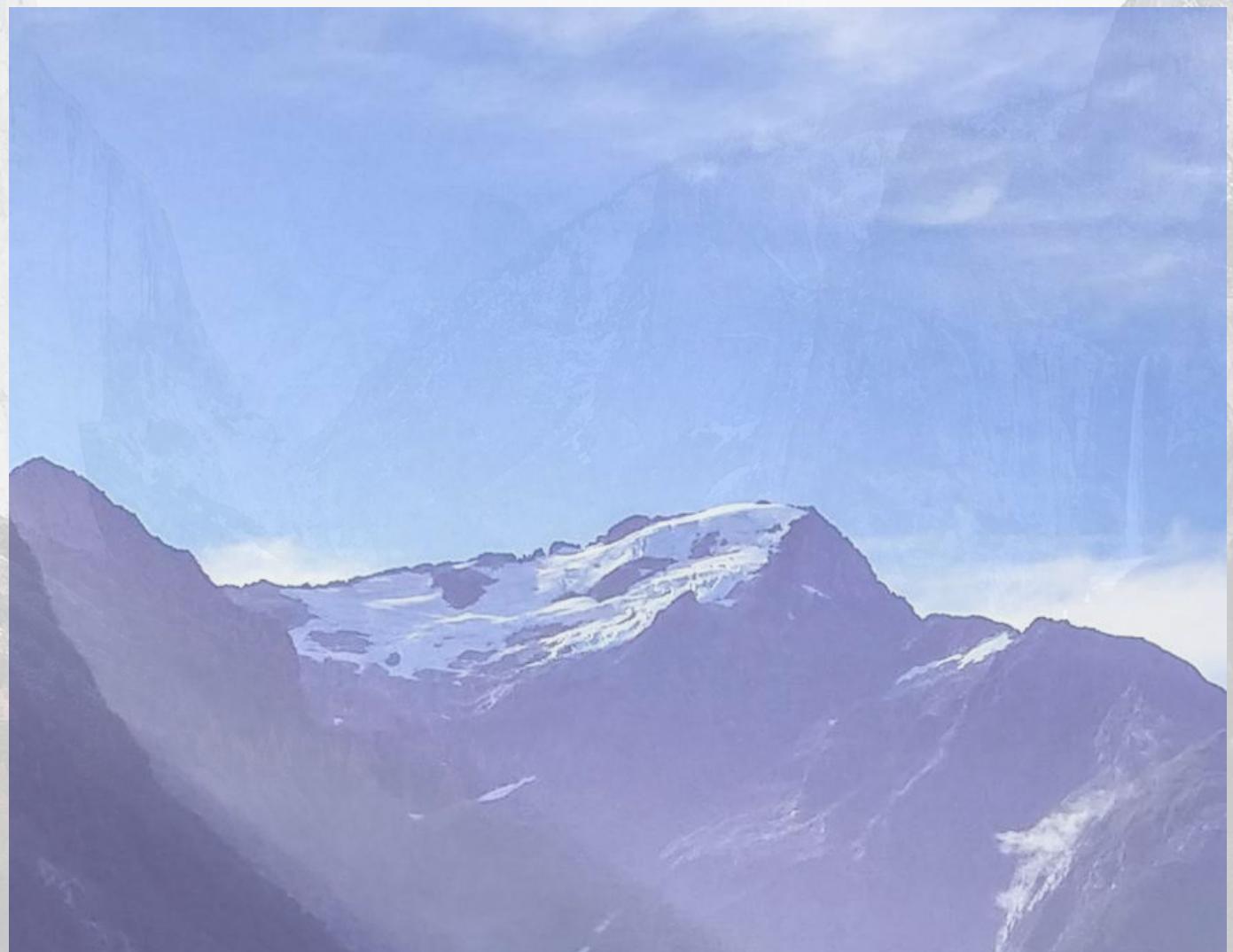
Mercury is the producer of the name-shape-form (*Nāma-rūpa*), and creates categorizations which allow us to make distinctions and manage the many mundane affairs of the world. It allows us to investigate all matters - spiritual, material, religious, scientific, and the rest, but organising the materials, creating sophisticated jargons, and specialised distinctions, these allow for proper investigative work. However, the surrender, faith, and compassion that Jupiter seeks is too moist for the dry mercury.



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Mercury thus, does not allow Jupiter to find it with ease, and makes it go through the many mercurial games, intricate communications, etc, before finding out that the eternal Jupiterian truth is that of One-ness, Love, and Light. Mercury is the differentiations and Jupiter is the same-ness. One can also understand this by seeing the idea that Mercury is the Earth element and Jupiter is Ether.

In conclusion, we see, there are certain aspects of the Self which work to support each other and there are those that disrupt each other. We see this in life, where on our path to knowledge we are often distracted by pleasures or supported by surreal moments of inspiration. All of this can be worked out astrologically. Isn't that interesting?



## JUPITER IS YOUR MAN

In a man's chart, Venus is the woman, but in a woman's chart, it is Jupiter. Commonly, misunderstood to be Mars, this does not work in practice. A thorough investigation of this aspect of the Self-system might just be the key to unlocking your dream love-relationship. This is a topic for another issue, I only seek to mention it.

Jupiter is the man comes from the Jaimini Upadesha's of Rishi Jaimini, and works well in practice. Anyhow, what is crucial about this aspect is that, a woman who always has troubles with men and especially in their love-relationships, must focus on improving the health of their Jupiter. This shows that men must encourage women to be creative, inspired, and act as a cultivator of their inner-wisdom mechanism. They look upto men as they look up to their fathers - all other factors equal. However, the current state, though improving, is in shambles with respect to how disrespectful men in general are, how the creative inspirations are suppressed, and how an expansive and multi-cultural woman is perceived as dangerous. To know your man, know your Jupiter, and to know your Venus, understand the Venus of your man.



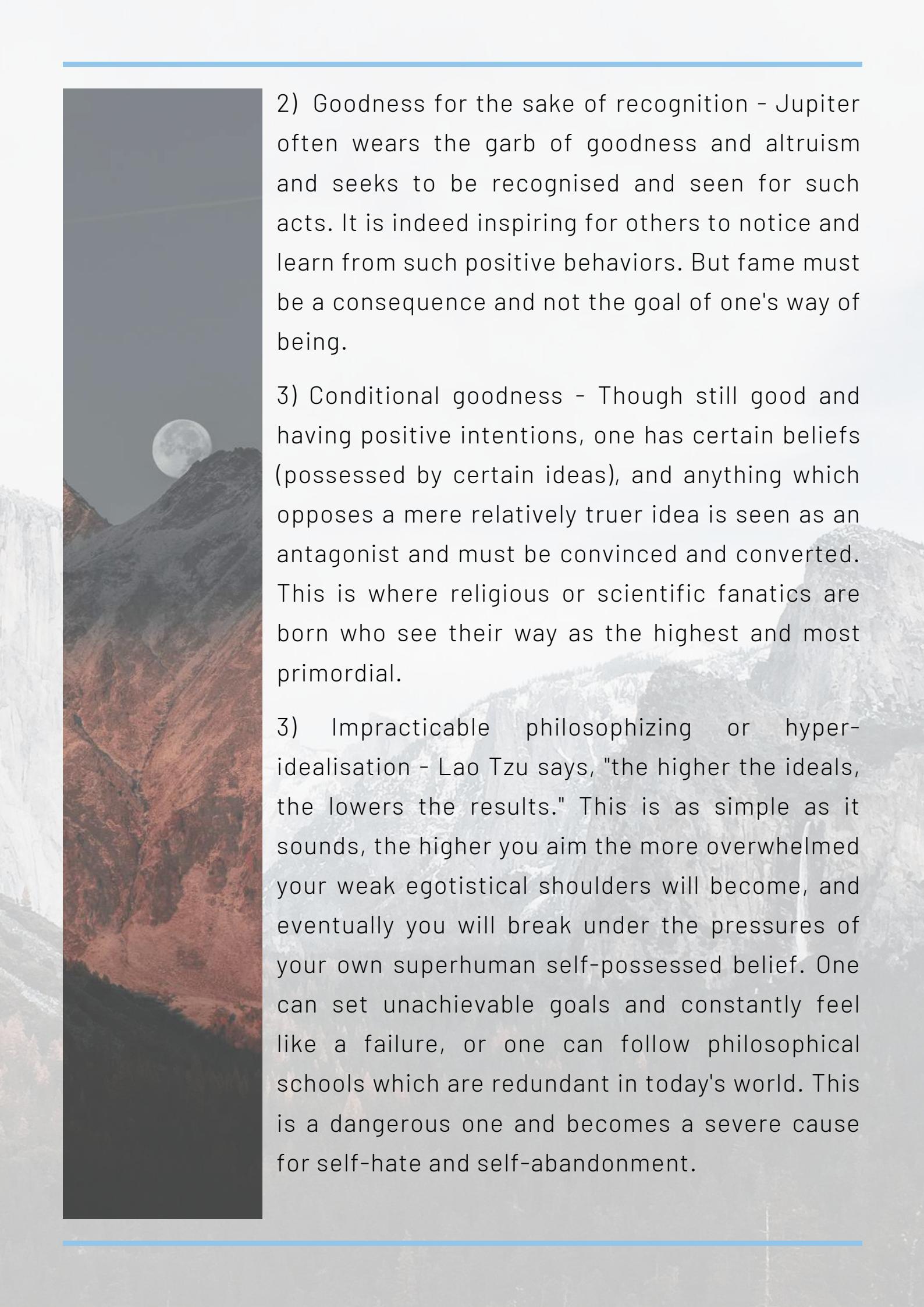


## SHADOW SIDE OF JUPITER

Sun shines and shadows are casted, and it is in the integration of this shadow aspect of any given planet that the psycho-spiritual dynamics are truly understood. One is said to have mastered or transcended and arrived at a higher vantage-point, thus, sees through the light-shadow paradigm. This is a long journey we all must wholeheartedly embrace.

While the light attributes, the luminescent side of Jupiter shows a beneficent, compassionate, joyful, abundant side - It is in the shadow side that the more difficult side of Jupiter is experienced.

1) Inability to practice what one preaches - the classic hypocrisy of the teacher may often find its roots in the childhood, when the parent asked the child to act a certain way but did not set a practicable example of oneself for the child to follow. The primordial hypocrisy of the father and the mother is then manifested in as preaching what one believes must unable to embody it. One only has a intellectual mental understanding and no practical experience, this is common amongst scholars and hyper-specialists (as Nietzsche philosophised).

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- 2) Goodness for the sake of recognition - Jupiter often wears the garb of goodness and altruism and seeks to be recognised and seen for such acts. It is indeed inspiring for others to notice and learn from such positive behaviors. But fame must be a consequence and not the goal of one's way of being.
- 3) Conditional goodness - Though still good and having positive intentions, one has certain beliefs (possessed by certain ideas), and anything which opposes a mere relatively truer idea is seen as an antagonist and must be convinced and converted. This is where religious or scientific fanatics are born who see their way as the highest and most primordial.
- 3) Impracticable philosophizing or hyper-idealisation - Lao Tzu says, "the higher the ideals, the lowers the results." This is as simple as it sounds, the higher you aim the more overwhelmed your weak egotistical shoulders will become, and eventually you will break under the pressures of your own superhuman self-possessed belief. One can set unachievable goals and constantly feel like a failure, or one can follow philosophical schools which are redundant in today's world. This is a dangerous one and becomes a severe cause for self-hate and self-abandonment.



This one creates lofty goals and aspirations within which one falls endlessly and makes one's students fall as well. One can become grandiose and narcissistic and have idols so grand and one's self-image so brilliantly good that any practical explication of the mind of the teacher becomes impossible.

4) Pride of knowledge or vanity of knowledge - there is no doubt that Jupiter's wisdom can save your ass from the great catastrophes and a person with a powerful Jupiter can indeed act as a torch bearer of truth. But this often leads to a proud ego-centric personalities which eventually cause more trouble than good. As Swami Vivekananda says, "Thank god for allowing you to help its children."

5) Powerplay - The deity associated with Jupiter is Lord Indra, who was known for his pride and great grandiose rulership of the three worlds. He was often engaged in powerplay which caused him to be jealous, fall from grace, and various other issues. But what is crucial to notice about Indra is that he does not like anyone to be equal him in anything that he does. As Lao Tzu says, "Over-esteem great men, and people become powerless." Jupiter at its worst takes away the power from other people to think for themselves, and seeks to think for everyone.



There are various other deranged ways in which an afflicted Jupiter can engage in power play.

**Note :** The main concern is always how the Sun and Moon are functioning. If they are being cleaned and awakened then the overall planetary environment remains clean, and all Jupiterian indications act in the best possible manner given the Karmic Blueprint and Destiny of an Individual Self.

6) Carelessness - Jupiter can become so etheric and ungrounded that it can cause one to overlook the very real tangibilities of life. Due to the grace and luck of Jupiter, things can work out so well that one never struggles in any way and thus has not really embodied or learned anything, things just fall into one's lap. This sounds good but isn't at all. Suffering is a very essential part of evolution of consciousness. An over-empowered Jupiter can create a careless hedonistic personality. Grounding one's idealism and luck into one's reality and using it for the benefit of others is key with Jupiter.

7) Spiritual bypassing - A true philosopher can philosophise its way out of any problem, but when a philosopher philosophises its way out of its shadow sides it created a special kind of mental derangement.



The only way to deal with the shadows is by directly dealing with the shadows - utterances that are absolute in nature, absolute truths such as my Soul does not exist in the final analysis of spirituality, my small ego does not matter, and it is all karmas from the past, or I must have done something in my past life to deserve this, though can give some comfort to a deeply ailing heart, but they can actually not allow one to get to the root cause of the problem, it is only a psychological Spiritual bypassing is real and causes severe traumas on all levels of analysis.

8) Hindering the growth of the students - This happens internally, one is a student of oneself, and one can self-sabotage one's own growth by getting possessed by an idea or concept on the way towards Self-Knowledge. It often also happens externally when an insecure or attached teacher does not allow the student to think for itself, or plays other power games in order to control how the student thinks and what the student believes.

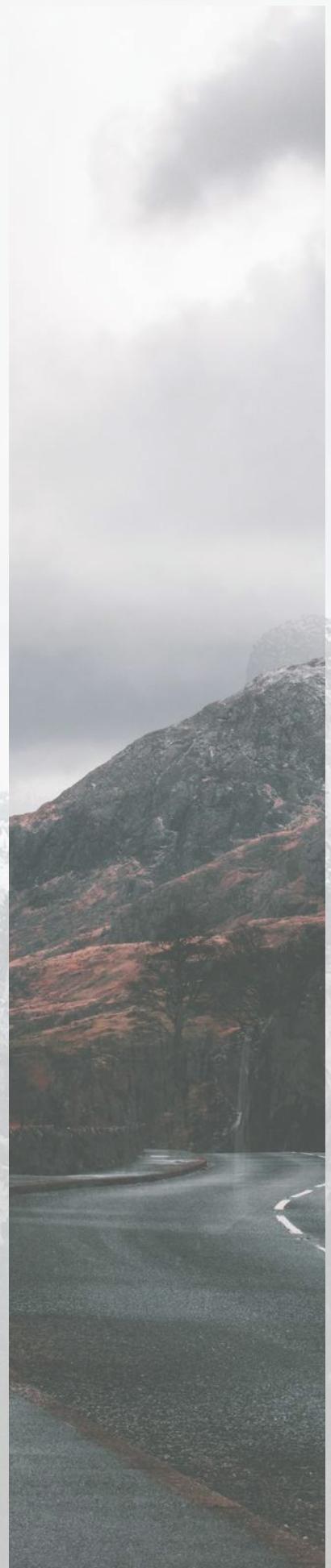
Feel free to add to this list and share with me. What is interesting is that there is always a Belief or a Narrative that the Ego or Moon has convinced itself of and is now cyclically stuck on - Thus BELIEF THERAPY is greatly healing for Jupiter.

# PRACTICABILITY

Now that we have deeply engaged in the Etheric-Jupiterian matters, we must conclude by creating a list of actionables which can aid us on our journey towards understanding the Self-system.

1) Eloquence - The dictionary meaning of the word eloquence is, "fluent or persuasive speaking or writing." These two processes actively generate order in the otherwise randomised reality. Articulating and mapping the many manifestations of consciousness can allow one to progress with constancy and know when one is not aligned and thus requires extra effort or simple watchfulness.

2) Learning a language, writing, reading, travelling, and expanding one's realm of experience on earth can greatly benefit Jupiter (it benefits mercury as well). Though travelling extensively is not practically possible for everyone, one can surely go to unexplored areas of one's city and learn about the unknowns - this has a profound epigenetic effect on the Moon, and allows it to expand its realm of awareness.



3) Guru - Learning a proper philosophical system of knowledge under a teacher can profoundly reveal one's shadow sides during the teacher-student correspondence. This must be actively acknowledged and integrated.

Learning any spiritual subject of one's choice, such as, Jyotisha, Ayurveda, Buddhism, Vedanta, or any other philosophical system can greatly improve the health of the Jupiter. This is because Jupiter requires a meaning-making mechanism , a metaphysical framework which can allow it to act with poise and purpose.

4) Meditation - Jupiter as we saw is deeply compatible with the Moon. A healthy mind is the foundation for a healthy Jupiter. Thus, meditation practices stabilise the Jupiter within the Moon and the Moon within the Jupiter. One feels more attuned and aligned with one's relative reality. There is also the 'waking up' aspect which integrates Jupiter with the Sun, though this a bit advanced it is surely a possibility for everyone. Practicing Now-ness helps with the Moon, but looking into the future possibilities and acting with focus upon that which needs to be done within the Now-ness, truly benefits the Sun. Both Sun and Moon, the Yang and Yin, the Soli-lunar aspects of life require continuous guidance.



4) Children - Depending upon what cycle of evolution or stage of life one is in, child-rearing is a phenomenally Jupiterian pursuit. Children provide a reason to live, evoke one's shadows in times of distress, and need a lot of self-awareness to raise without causing a trauma on any level. This is a profoundly powerful remedy and requires a wholehearted commitment. It is not to be taken lightly and not to be taken as entertainment.

5) Creative work - As we know, Jupiter is creativity and children are only a creative expression of the Self. So, one can indeed engage in creative pursuits which require courage, inspiration, adaptability, and receptivity (Sun, Mars, Moon indications). Art Therapy is profoundly healing in this regard.

6) Discipline, training, will-power - As we saw, Mars and Jupiter are profoundly compatible, and thus Jupiter's purposefulness becomes empowered with Mars' invigorated energy. Mars is indeed the will-power and self-restraint we require to fulfil a purpose, and Jupiter is the meaning, faith, and surrender which balances the Mars' self-willed righteous force. Working with Jupiter in this manner automatically aids the development of Mars. In fact, all of these points are interconnected.



7) Mantra - Affirmation Therapy or chanting mantras, biblical truths, or David Goggins motivational speeches, whatever it is that may act as a reprogramming tool can be applied. Tony Robbins has a very strong Jupiter in his birth chart, and some of his works can be watched, read, and applied as well.

One must continually pick oneself up on the journey towards self-discovery. Jupiter will fail and falter, and all the trials and tribulations become worth it as long as one is internally transforming for the better.

8) Belief Therapy - Jupiter is the philosopher's stone, and this stone surely requires some polishing. We go on believing the negative programming from childhood to adulthood to old-age to next life. The Work by Byron Katie is something that I cannot recommend enough. It is very practical and can be done by oneself in the comfort of one's L-couch or whatever it is that you life.

9) Narrative Therapy, Metaphor Therapy, Buddhist Therapy, and various other modalities which directly work with the stories that we live, the way we create meaning, what we believe is our purpose, and the capacities and joy we can produce from within oneself can be deeply healing.



## SIGNIFICANCE

Jupiter is empathy and compassion on the deepest level, however conditional, it sustains the world. Otherwise, our demons would have killed all life.

## NAMES

One of the names of Jupiter which I previously did not mention is Jīva which means 'living' or 'giver of life'. Some of the most beautiful names of Jupiter reveal to us its essence. My favourite is 'Guru'.

## PSYCHODYNAMICS

The planetary relationships reveal so much about how and why the world functions the way it functions. It is the foundation upon which all astrological understanding is developed. While the Sun, Mars, and Moon support Jupiter, Venus and Mercury disrupt it. Saturn is neutral and as usual does not really care and seeks to be left alone.

## SHADOWS

Where there is light, there is shadow. Jupiter's shadows are the one's which actually need more care than the light attributes. One must use the light attributes to heal and integrate the shadows.

## PRACTICABILITY

What is the point and purpose of concepts if they are not actionable. Practically applied, one can not only work with what has been written about Jupiter in all the other sections, but all take some basic steps to work with this psycho-physical and psycho-spiritual aspect of the Self/Sun/You.

## REMEMBER

Jupiter on the simplest level is the Joy with arises from within, we call this contentment, satisfaction, now-ness, a state of serene madness, equipoise, equanimity, equilibrium, or 'right-understanding', etc.

Jupiterian joy does not need any sensory stimulation, it can, however embrace it without resistance, It simply is joyful to be alive, to be able to be help, to be able to be of use to someone else, to be able to laugh, play, rejoice, and share. It is a surrendered state of being which does for the sake of doing and is for the sake of is-ness.

Jupiter is beyond seeking and searching.

Ether's presence, silent presence in the background of everything else, even the Sun is floating around in the cosmic ether, this silent presence and being-ness is what is peculiar and beautiful about Jupiter. We can discover this essence within oneself through active contemplation, seeking, learning, guidance from those who have glimpsed it, or those who have mastered it, and by believing that "I too can know Joy".



The lightening of inspiration splits apart the clouds of darkness which seem to endarken one's perception of the world are Jupiterian.

The fertility thence creates from the nitrogenous thunders is Jupiter.

The juvenescence of a heart which never expects this does not grow old. To remain good for the sake of goodness is its very nature of Jupiter.

The smile of the child, the heart of a mother, the blessings of a guru, the kindness of a teacher is Jupiter.

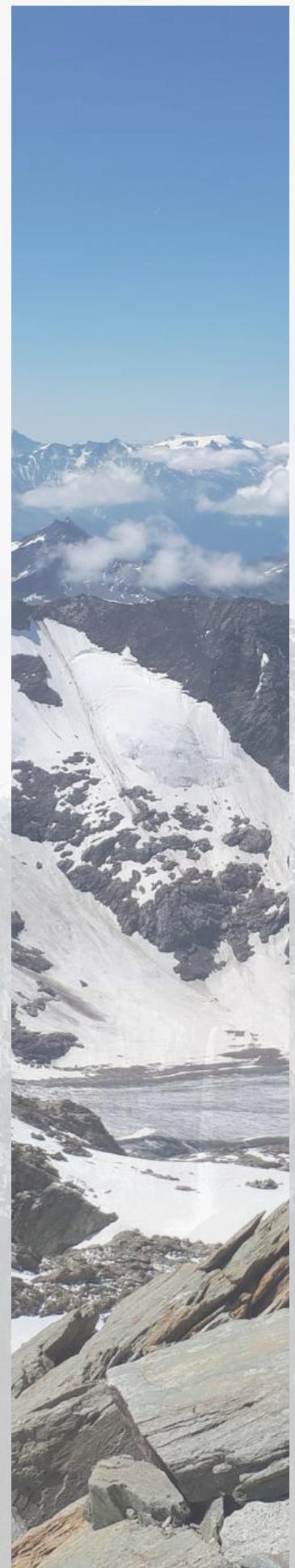
The fruits of one's efforts is Jupiter.

The lightness of a forgiving heart, the expansion of an open heart, the cheerfulness of a content heart, is Jupiter.

In Sagittarius, Jupiter strides with purpose and meaning for the sake of knowledge, for the sake of oneself and others (which are one and the same). In Pisces, it is meditative, contemplative, surrendered, and profoundly evolution and growth centric.

Such my dear readers is the nature of Jupiter. So, simple is Jupiter's wisdom that our complexity seeking hearts overlook what's right in front of our eyes.

These are not dreamy lofty metaphysical utterances, these are the very foundational truths of our humanity.



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