

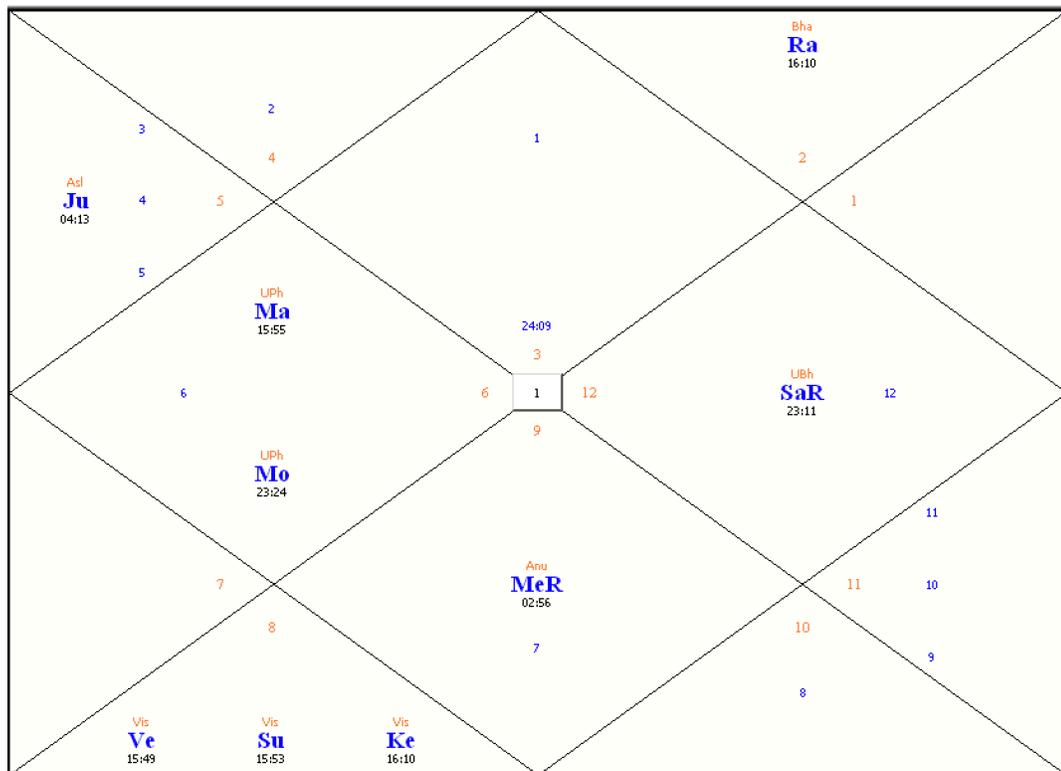
A brief astrological Psychoanalysis of Gordon Ramsay using the principles of Lajjitaadi Avasthas

If hell were a kitchen, Gordon Ramsay would be Satan, and only Gods would dine. The Michelin Star rated chef, and one of the most glorified in the world, is the native of choice for this essay. The carefully observed provicities of Mr. Ramsay will now be judged through my astrological and philosophical palate.

The three Lajjitaadi Avasthas that will be considered for the purpose of this essay are as follows:

- 1) Moon starving Saturn
- 2) Mars starving Saturn
- 3) Sun-Ketu shaming Venus

Note: Since Saturn is in the water-sign of Pisces, there will be Thirsted Avastha connotations involved while assessing both Moon's and Mars' effect on Saturn, regardless of Saturn being aspected by benefics. This is not a complete Thirsted Avastha, as it does not fulfill all the requirements. Thirsted Avastha has a similar implication as starvation but only less severe.



Lajjita – Ashamed Avastha: A planet is in the 5th house and conjunct Sun, Saturn, or Mars. This has to occur specifically in the 5th house.

Or

A planet is joining Rahu or Ketu and conjunct Sun, Saturn, or Mars. This can occur in any house.

Kshudita – Starved Avastha: A planet is in an enemy sign.

Or

A planet is joined (Conjunct) by an enemy.

Or

A planet is aspected by an enemy.

Or

A planet is joined (Conjunct) by Saturn.

Moon starving Saturn

For the Assimilation of this Avastha we must go through the tedious task of assessing some of the following foundational astrological principles and techniques:

- 1) Understanding the Graha, Bhava, and Rasi in consideration: Saturn, the Graha, is innately delaying, depriving, and disciplining, this, in and of itself shows us that we are looking at something that requires gradual cultivation. The 10th Bhava is associated with one's worldly actions and duties, prominence, career, and things of that nature, therefore, we can now amalgamate and say that the aforesaid 10th Bhava matters will take on a Saturnine flavour. Finally, the Rasi in which Saturn is placed is Meena or Pisces, which is the symbol of surrender, flow, and other contemplative ways of being.
- 2) Analyzing the dignity of the planet in consideration, and its subsequent Jagradaadi and Balaadi Avasthas: Saturn is in Pisces in an Enemy Dignity, which essentially points us towards lack of inherent ease of the Graha with

the field in which it is placed. Saturn is self-control and self-absorbed states while Pisces is letting-go and observing the inter-connectedness.

In Jagradaadi Avasthas, Saturn is in a Dreamy State or Svapna Avastha, which could mean that Saturn is not conscious of itself but not unconscious as well (Sushupti Avastha); pointing towards a half-hearted realization of its karmic agendas.

In Balaadi Avasthas, Saturn is in an Adolescent State or Kumara Avastha, this shows us that the Karma associated with Saturn is ripe and ready for fruition, though only half-heartedly due to Svapna avastha.

- 3) Application of Prosperity:Annihilation formula for assessing the 10th Bhava in which Saturn, the planet being starved is placed, we get, 3:1. This gives us a clue that the 10th Bhava has more chances of prospering than getting annihilated.

Prosperity

- 1) Is the house conjunct or (rasi) aspected by a benefic? **Yes**
- 2) Is house lord with a benefic planet? **No**
- 3) Is the lord in an adult (Yuva) or teen (Kumara) state (Avastha)? **No**
- 4) Is the lord Awake (Jagrat)? **No**
- 5) Is the lord in the 10th house? **No**
- 6) Is the lord aspecting its own house? **Yes**
- 7) Is Mercury or Jupiter in or aspecting the house? **Yes**

Annihilation

- 1) Is house conjunct or (rasi) aspected by a malefic? **Yes**
- 2) Is house lord with a malefic planet? **No**
- 3) Is house lord old (Vridhdha) or dead (Mrita)? **No**
- 4) Is house lord sleeping (Sushupti)? **No**
- 5) Is the house lord with an evil house lord (3, 6, 8, 11, 12)? **No**
- 6) Is house not aspected by its lord? **No**
- 7) Is house lord defeated in planetary war? **No**

- 4) Considering Ishta-Kashta: Saturn is sharing more Kashta than Ishta but Jupiter, its dispositor, is sharing more Kashta than Ishta and is aspecting Saturn with a powerful 53 Virupas. As a rule, Krura or Cruel planets keep their Ishta for self-fulfilment while share their Kashta for self-improvement, whereas Saumya or Gentle planets share their Ishta for the improvement of others while keep their Kashta as a sacrifice. Jupiter has 43.7 points of Ishta and through its strong 54 Virupas aspect, it is surely sharing $43.7/54$ multiplied by 100 = 80.92% of its Ishta, and this is a very important consideration to make while adjudging the ill-dignified Saturn in the sign of Jupiter (Pisces).

	Su	Mo	Ma	Me	Ju	Ve	Sa
Ishta and Kashta							
I	10.6	15.3	21.2	44.1	43.7	8.2	26.4
K	49.4	44.7	38.8	15.9	16.3	51.8	33.6
Subha and Asubha							
S	15.5	24.0	25.4	10.0	17.8	21.9	16.6
A	44.5	36.0	34.6	50.0	42.3	38.1	43.4
Subha and Asubha Dig Bala							
SD	21.9	43.8	13.4	6.5	35.2	37.8	14.8
AD	38.1	16.2	46.6	53.5	24.8	22.2	45.2
+	47.9	83.1	60.0	60.6	96.7	67.9	57.8
-	132.1	96.9	120.0	119.4	83.3	112.1	122.2
LxSxSD	1.0	4.5	2.0	0.8	7.6	1.9	1.8
LxAxKD	23.3	7.2	17.4	11.8	4.7	12.2	18.3
Uccha	12.0	13.2	16.0	34.0	50.3	16.3	8.9
Cheshta	9.2	17.5	26.4	54.1	37.1	0.2	43.8

- 5) Rasi Aspects: Saturn is placed in a dual sign or a Dvisvabhava Rasi and therefore, shares a Rasi aspect with the 7th house Mercury in Sagittarius and 4th house Moon-Mars in Virgo. Rasi Aspects as explained by Ryan Kurczak give concrete physical manifestations. Thus, we can see how the 7th house Mercury, gives Gordon Ramsay the ability to manifest his 10th house desires through good networking and clear-cut impersonal long-term relationships with people. The support of his Spouse is a key force that has helped him achieve great things in the world.

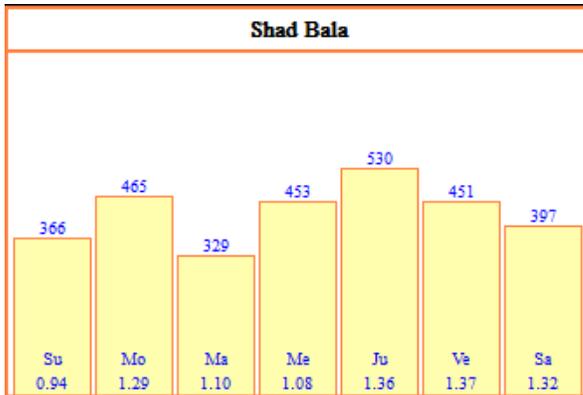
The 4th house Moon-Mars in Virgo, the influence of his mother and the innate competitive and drive to self-improve that the Virgo-Moon-Mars gives is another key force that has led to various concrete manifestations for the 10th house matters for Mr. Ramsay.

- 6) Shadbala points of Saturn and Moon, the Graha aspect value, and the consequent degree of Lajjit Avastha caused.

Saturn has 397 shadbala score and Moon has 465 shadbala score, Moon is giving a full 60 Virupas graha aspect to Saturn, therefore, it is subtracting all of the Shadbala score from Saturn's Shadbala, and thus, bringing it down to a -64.7 points. This is a high degree of Saturn starvation by Moon. This key point will be analyzed in detail later on separately.

Aspected Planets in Rasi									
	Su	Mo	Ma	Me	Ju	Ve	Sa	Ra	Ke
Su	-				21	Y	23	60	Y
Mo	11	-	Y	25		11	60	34	11
Ma	15	Y	-	41		15	60	30	15
Me		5	9	-	29		35	26	
Ju	51	10	6	59	-	51	54	9	51
Ve	Y				21	-	23	60	Y
Sa	34	60	45	40	19	34	-	46	34
+	51	14	14	59	50	51	112	95	51
-	60	60	45	105	40	60	142	169	60

Rasi - Avasthas							
	Su	Mo	Ma	Me	Ju	Ve	Sa
Su	366.3				366.3 +896.5	365.5 85.9	138.5 258.2
Mo	87.0 +453.3	464.8	348.7 +677.4	190.0 263.4		86.8 364.6	461.4 -64.7
Ma	328.7 +699.0	246.6 464.8	328.7	222.1 453.4		328.7 +451.4	328.7 68.0
Me		453.4 +918.2	453.4 -124.7	453.4	221.9 308.4		263.5 +660.2
Ju	449.2 +815.5	84.8 464.8	51.7 +380.4	530.2 453.4	530.2	448.9 451.4	530.2 396.7
Ve	450.3 -84.0				156.5 373.8	451.4	170.2 +566.9
Sa	222.5 143.8	396.0 464.8	300.5 328.7	262.8 453.4	125.5 530.2	222.7 +674.1	396.7



- 7) Ascendant lord Mercury is placed in the 7th house giving a Rasi aspect to the 10th house Saturn. This shows that the native is physically involved in a Mercurial manner (micro management, skill development, apprenticeship, communicating, etc) in 7th house matters of partnerships, others, foreign travels, relationships, marriage, sexuality, etc, and this directly influences their 10th house matters of social status, public image, career, etc.
- 8) An overall consideration of all the Graha Aspects to the 10th house Saturn; Sun giving a mediocre 23 Virupas aspect, Moon and Mars giving a full 60 Virupas, Mercury giving 35 Virupas, Jupiter giving a very high 54 Virupas, Venus giving a mediocre 23 Virupas.

Moon, Mars, Jupiter, and Mercury are the key Grahas that will have a psychological effect on the workings of this Saturn. Moon is creating the starvation which we will discuss in detail, Mars is causing Starvation as well, Jupiter and Mercury are supportive influence as they are causing a Delight to the Saturn. Through a basic analysis of Karakas in context to a life of a Chef in the modern world (Desh-Kaal-Paatra), we could say that Jupiter, his Mentors (Marco Jean Pierre), Mercury, his skills, hobbies, talents, and causing delight and thus, supporting the 10th house Saturn to fulfill its worldly 10th house agendas.

On the other hand, Moon, will create the need to find emotional fulfillment and positive self-image through worldly ambitions as it is causing a starvation from a 4th house aspect. Furthermore, Mars will also create the competitive fire to win at all cost as it is closely associated with the Moon's need for emotional fulfillment through the world. Winning is supremely important for Gordon Ramsay. He thrives in competition and adversity. The more adverse the circumstances, the stronger he becomes.

Aspected Planets in Rasi									
	Su	Mo	Ma	Me	Ju	Ve	Sa	Ra	Ke
Su	-				21	Y	23	60	Y
Mo	11	-	Y	25		11	60	34	11
Ma	15	Y	-	41		15	60	30	15
Me		5	9	-	29		35	26	
Ju	51	10	6	59	-	51	54	9	51
Ve	Y				21	-	23	60	Y
Sa	34	60	45	40	19	34	-	46	34
+	51	14	14	59	50	51	112	95	51
-	60	60	45	105	40	60	142	169	60

9) Karakaship analysis:

Amongst Jaimini Karakas, Saturn is the the AmK or the AmatyaKaraka which is the signifier of Career. Also, Saturn is the natural signifier of Career. Saturn is in the 10th house of Career.

Therefore, this is placement is especially important for career, a triple signification.

Other than that, Saturn is the Karaka of worldly success through the harsh experience of cultivation of virtues such as Discipline, Depression caused by self-absorptive states such as Perfectionism, financial or physical Destitution which bring the animal survival instincts. Also, traumatic psychic experiences that are held up and channelized for wordly success which is arduously slow and painful for Saturn.

10) Bhava Yoga analysis with respect to Saturn:

Parashara Bhava Yoga – “The lord of Flaw standing in the Karma Bhava – deprived of paternal happiness, slanderous/calumnious, professionally deprived; not so if a benefic in aspect.”

Adjudging the first Bhava Yoga, we know that the native is Slandorous and Calumnious especially, Saturn style, where he seeks extreme hardwork and perfection from his subordinates. He is not professionally deprived due to various confluences, one of which can be seen here, which is a strong rasi as well as Graha aspect from a benefic 7th house Mercury (support through clear communication in all kinds of partnerships, his brutal but innocent honesty is tacitly empathized by all), and a strong Graha aspect from the 3rd house Jupiter (wise self-effort).

Parashara Bhava Yoga – “The lord of Fortune standing in the Karma Bhava – the one born is a king or equal to one, a king’s counselor or the lord of an army, virtuous and honoured by the people.”

It can be safely said that all of the above indications expressed by Sage Parashara are applicable. He has a kingly attitude, he lords over an army of employees (Saturn), he is virtuous and honored in his field of work (Jupiter and Mercury graha aspects), but simultaneously it is crucial to consider that since it is Saturn, there was much delay, hardwork, hardship, and foundational work laid down by the native to make this Bhava Yoga stand wholly true.

11) Bhava rulership of the Grahas involved in the Lajjitaadi Avastha:

Moon is the ruler of the 2nd Bhava Cancer and Saturn is the ruler of the 8th and 9th Bhava Capricorn and Aquarius, respectively.

Parashara Bhava Yoga – “Wealth lord standing in the Happy Bhava – fully endowed with all success. Joined with Jupiter and in exaltation the person becomes like a king. With Jupiter, Venus, or also in exaltation one is king-like.”

Parashara Bhava Yoga – “The Sixth lord standing in the Happy Bhava – devoid of happiness of the mother, intelligent, treacherous/slandorous, hostile, fickle-minded and very opulent.”

Moon is the Graha that represents emotional health, self-image, and innate psychical proclivities.

Mars is the Graha that represents strength of character, righteousness, courage, and crookedness.

Moon is conjunct Mars in the 4th house of emotional happiness. Mars is the lord of the 11th Bhava of highest fulfillment as well as the 6th Bhava of delays, debt, competitions, enemies, diseases, etc while Moon is the lord of the 2nd Bhava of FOOD, family, finances, etc.

A simple statement such as Mr. Ramsay finds emotional well-being through family, food, and finances which he seeks to achieve with extreme force and fight by overcoming obstacles, channeling debt, and fulfilling worldly desires should satiate the curiosity of the reader for the moment.

This information must be duly contemplated and considered while undertaking the oncoming Starvation State analysis.

Note: Interestingly, he started his first restaurant on a 1.2 million pound debt which now a Michelin rated restaurant. He is deeply emotionally attached to his first restaurant that brought him worldly honour and recognition.

After a thorough consideration of the above mentioned foundational astrological principles, we can begin stir frying the psychoanalytic vegetables in our astrological wok to be enjoyed by our refined philosophical palate.

Moon is the 2nd lord placed in the 4th house in the sign of Virgo giving a full 60 Virupas of Graha Aspect to the 8th and 9th lord Saturn which is placed in the 10th house in the sign of Pisces.

Moon starving Saturn creates frozen emotional states as Saturn's innate agenda of letting go and accepting the present reality is starved. Saturn feels deprived of its innate capacity to fulfill its purpose. This causes the psyche to hold onto the unpleasant emotional states from the past. Life seems traumatic and one feels naturally uncomfortable with their individual consciousness; personal preferences, intuitive modes of being, emotional self-assertion, emotional well-being by tending to the needs of the emotional self, etc.

One feels emotionally stable only when their Saturn is made to work excessively hard, that is, to overcome all possibilities which can cause hurt to the emotions of the

Moon; emotional barricading, invulnerability. This is wonderful for a renunciate seeking Liberation via contemplation on the nature of suffering and the possibility of transcendence of it, but for a worldly non-spiritualist such as Gordon Ramsay there are unconscious mechanisms at work that find ways to over-compensate and therefore, over-complicate the otherwise simplistic life. The integration of the fragmentation of the psyche caused by Saturnine traumas do not happen consciously, therefore, the unconscious automatism, the over-compensation leads to unpleasant modes of being. One needs to work extra hard to feel 'Okay' about themselves.

We must remember that Saturn is Friendly towards Moon, though Moon is inimical to Saturn in the Natural Relationships of the Grahas. This simple piece of information shows that life in and of itself is not harsh but our individual consciousness which is self-possessed, due to previous psychical imprints that create the illusory past, present, and Future, and thus Time itself, makes it seem so. Saturn's job is to have the Lunar mode of being understand the human condition and thus, unclench the desire-laden heart and release one of the self-created burdens; letting-go, grieving, and accepting.

Saturn's 10th house placement points us towards the innate inclination of Mr. Ramsay towards performing tremendously tedious and tiring work with a service before self connotation, but the traumatic self-possession that causes the over-compensation to find a satisfactory self-image is caused by the Moon-Mars-Virgo-4th House powerful full Graha aspects. It is creating an immensely challenging emotional dynamic for the psyche and the need for control, competitiveness, and controversy to feel emotionally invigorated and alive. Hyper-competitiveness of this Moon gets projected upon the Saturn, which then feels starved to do its simple task of basic survival. The needs of the Moon burden the agendas of Saturn; everyone is over-worked.

Mr. Ramsay has been a potato peeler, a kitchen floor cleaner, a dish washer, basically, has gone through the ground realities in his field of work from an early age. The psychical fissures that such traumatic experiences create for a consciousness that believes that it is born to achieve worldly greatness snowballs into the Saturnic-Satanic Hell's Kitchen sort of perfectionist Chef who would do anything to get to the top. Though, unfortunate in the eyes of a spiritual aspirant, his work and demeanor is greatly admired and celebrated in our hellish world, one could even say it is his Svadharma to be the way he is and do away with self-righteousness by which the author currently seems to be possessed.

Mars starving Saturn

The author has chosen Mars starving Saturn mainly due to the psychological overlaps that Moon-Mars conjunction is causing. Moon starving Saturn cannot be fully comprehended without paying due attention to the Mars starving Saturn.

Note: The previously discussed steps involving astrological foundational principles and techniques will not be articulated for this avastha mainly due to overlap and assumption on the author's behalf that the reader can undertake the process by now.

Mars represents one's strength of character which essentially means the strength with which one believes in oneself and thus, sticking to one's principles. This principled nature of Mars makes a warrior, priest, magician, or king out of a human person. One fights for the truth that one believes will make them survive. Mars is the drive to survive in the face of adversity, and therefore, it gets the job done. Service before self.

It is generally presumed that Mars-Saturn associations give a rough, dry, and army general like mentality. This cliché receives further validation when we look at it from the perspective of Lajjitaadi Avasthas. Starvation of Saturn from Mars causes the Air of the Saturn to be heated and become drying by the Fire of the Mars. The harshness can immediately be understood when taken in context of the elements that these planets rule over. Saturn is subordinated by the Martial will and the endurance of Saturn gets channeled, though in a crude and harsh way. One feels overburdened by the tasks and responsibilities and eventually breaks down, and no long term stoic fulfillment is achieved.

For Gordon Ramsay, the involvement of Moon which is delighting the Mars and thus, helping it fulfill its Martial agendas (11th house of achievements and 6th house of overcoming the mundane), and Jupiter delighting Saturn as well as Mercury delighting Saturn, together, collectively create an environment for Saturn to be able to channelize the rage and frustration, the impatience and perfectionism. From vices to virtues, as a rule, Delighting Avasthas can greatly save an afflicted planet.

The extreme pressure from the Moon-Mars on the 10th Bhava Saturn makes Mr. Ramsay seek emotional well-being from worldly status. Due to this Saturn being inherently placed in the sign of Pisces which requires losing control and going with the flow, the psyche instead begins to tighten its grip on life and does not believe in flow. Total operational control is the native's style of working, utilizing his boisterous and angry demeanor to intimidate and push the boundaries of what can be achieved by himself and others. This combination of Moon-Mars with a 60 Virupas graha aspect gives an extra punch of pungency to this Saturn placement.

Gordon Ramsay is brutal with his subordinates, as it is obvious when we see Mars being the 6th lord of servants placed in the 6th sign of service and Saturn being the Natural Karaka of servants. The employees have to work under extremely high pressure and relentless high standards; this is primarily due to his harshness towards himself, as can be seen from the Mars-Moon conjunction starving the Saturn, he expects the same from others. The next Avastha also has a crucial role to play in this regard (Venus shamed by Sun-Ketu).

The customer is the truly everything for the native as can be seen from the Lagna lord in the 7th house, Mercury, and the previously discussed Mercury-Pisces rasi aspect to the 4th house Moon-Mars-Virgo as well as the 10th house Saturn-Pisces. The Mercury's ability to micro-manage others and manifest through relationships empowers the otherwise complex interaction of the Grahas in the 4th and 10th house.

In the natural relationships of the Grahas, Saturn is neutral to Mars but Mars is inimical to Saturn. This shows us that Saturn requires Martial fire and focus to fulfill its burdensome duties and responsibilities but Mars' inspired discipline and determination is well-channelized by breaking the burdens of Saturn and moving beyond the self-imposed limitations. We see this theme play out beautifully in the native's life. Gordon Ramsay has consistently pushed the envelope even in the face of adversity. Constantly seeking discomfort for self-improvement is a Martial theme, acceptance of limitations while performing such tasks is a Saturnine theme, when Mars starves Saturn, the acceptance of limitations is weakened due to the Martial brutality, and one gets what one is destined for by pushing the limits. The native has often iterated that obstacles only make them stronger. Such over-compensation rooted in deep-seated emotional needs brewed with workaholicism, ambition, and world-class skills, eventually creates negative emotional states which are projected upon others, as is the case when Kashta is produced by Krura Grahas. This is often the case with moody perfectionist artists whose emotional burdens are born by those around them.

Note: The starvation is caused by Mars, which is the ruler of the 11th and 6th Bhava, therefore, it is the symbols associated with those bhavas which are the agenda of Mars that it is trying to fulfill by associating itself with Moon, Saturn, as well as by virtue of being the lord of Sun-Ketu-Venus. Gordon Ramsay is a Martial Chef, he has created that category through his being.

Sun-Ketu shaming Venus

Venus is the most important planet in the birth chart of a chef and especially a world-class chef. This is primarily due to the heightened sense of taste required for such a job and Venus rules over the element of Water (along with Moon) which is responsible for the sense of taste.

We must also observe what makes Gordon Ramsay so phenomenally skilled at what he does. The Bhava or skills is the 3rd Bhava, and we can see a well-dignified Jupiter in the sign of Leo in the 3rd Bhava from the Lagna. But there is another layer to this assessment, the lord of Jupiter, Sun, is placed in the 3rd Bhava from the Chandra Lagna, and thus, we arrive at the dire need of analyzing Venus shamed by Sun-Ketu.

Self-shaming and shaming makes one be so harsh with oneself in certain within their psyche that eventually it leads to a transformation in the lives of the courageous warrior-spirited natives helping them arrive at Pride. But in case of, others it is seen that shame creates disruptions and disease that one is unable to overcome and suffers greatly without any worldly benefit.

Shame State or Lajjit Avastha is psychological the most complex of all and extremely difficult to deal with. The psychical integration required for such a fragmented state of the psyche requires immense shadow work; dealing with the unconscious emotional patterns. These unconscious emotional patterns creating turbulence and invigoration in otherwise simple life are rooted so deeply that they usually have to fulfill themselves before ridding themselves of the psyche; either this or the grace of a spiritual master seem to be the only two solutions for the inchoate mind of the author.

The supremely high standards to which Gordon Ramsay exposes himself are rooted in Shame, or we could say Self-Shame. It is important to note that Sun-Ketu causing shame to a Graha usually comes from relentless father-figures and authority figures in the native's life.

Ramsay's father was an alcoholic who worked different jobs and moved around with his family seeking stability. He describes his early life in his autobiography *Humble Pie* as being marked by abuse and neglect from his "Hard-Drinking Womanizer".

Marco Pierre White, one of Gordon Ramsay's main mentors is known to be moody, brutally honest, and a perfectionist. He pushed him to the limits in the kitchen and always expected the best from him.

Gordon Ramsay started his first Restaurant after quitting the Restaurant Aubergine where the Chef threw utensils at him in a fit of rage. He took a 1.2 million pound debt and started the Gordon Ramsay Restaurant which is not a three star Michelin Restaurant in London.

He was signed by Rangers, a big time football team in England, but due to injuries his promising football career ended prematurely. This heart-shattering incident led him towards the passion for cooking.

All of the above points reveal to us how the Sun-Ketu shaming Venus in the 6th Bhava of debt, injuries, delays, obstacles, enemies, competitions, service roles, etc, in the 8th Rasi of Scorpio which represents sudden changes, breaks, transformations, etc, play out in Mr. Ramsay's birth chart.

Sun and Venus, both according to Rishi Jaimini are Karakas of the Father, and Ketu is general apathy towards to imperfect condition of reality (Ketu being the shadow planet that seeks perfection; liberation being the ultimate one), this Avastha is taking place in the 6th bhava of service, debt, disease, delays, competition, enemies, self-improvement, etc, and therefore, we will arrive and the following psychoanalysis.

The compensation mechanism at work in the natives life are obvious due to the Shame and due to the avastha taking place in an Upachaya Sthana, the shame drives him to self-improve gradually overtime (Upachaya).

A shamed Venus, the impressions of the father not being loyal to the mother from early childhood, fragments the psyche, and the person seeks to undo this. In this undoing, the native has been faithful to his spouse and always speaks of her with a deep regard and respect, giving her the credit for his accomplishments.

It is imperative to notice that the Lord of the Sun-Ketu-Venus combination is Mars which creates the delightful avastha for the Moon but a starvation avastha for the Saturn. We could take another astro-analytic-interpretive leap of faith and say that the deep shame caused by authority figures (Sun-Ketu) and the obstacles of life (6th house lord Mars and Sun-Ketu-Venus are placed there) caused because of that shame creates the general distastefulness (Venus is tastefulness) for satisfaction through the mundane that enslaves the egeneral populace (6th bhava of mundane affairs) and this became the driving force that gives the delightful and fiery motivation (Mars) to the native's individual consciousness (Moon) which then starves the 8th (transformation, breaks, changes) and 9th house matters (mentors, father-figures, higher precepts) ruled by Saturn, and thus, somehow, through various psychical associations and karmic imprints (Samskaras and Vasanas) give the native the endurance to fulfill the worldly karmic duty (Saturn) to achieve glory and greatness (11th house lord Mars) and outdo oneself. Gordon's hard-hearted humility has had him have the world at his feet.

In Conclusion, the more one delves the deeper it is, such is the reality of astrology as well. As we consider one astrological principle there is always another that requires consideration and can affect the assesment derived from the former one. This intertwining and inter-connectedness creates confusion in the mind of an inchoate apprentice but step-by-step approach and conceptual simplifications can

gradually fasten the process of arriving at order from the chaos that the all astrologers face as they stare at a unique birth chart.

The flavours added to the astrological platter by the Masalas of Lajjitaadi Avasthas are only satisfying if they are gradually understood and thereof, slowly acquired.

The author has only barely tasted Lajjitaadi Avasthas, and has come to realize the implications of it in the world of psychology. There is a deep sense of gratitude in the heart of the author for Ryan Kurczak and Ernst Wilhelm for taking the painful process of testing, practicing, and promoting the use of these avasthas and consistently emphasizing on their importance for having a coherent astrological reading. These Avastha give a brighter future to this timeless contemplative art and observational science that we have come to call Jyotish in this aeon.

References:

- 1) Boiling Point: The documentary on Gordon Ramsay
- 2) The F Word: A youtube Channel by Gordon Ramsay
- 3) Hell's Kitchen: A T.V. series starring Gordon Ramsay
- 4) Humble Pie, Autobiography of Gordon Ramsay
- 5) Art and Science of Vedic Astrology: Volume 1 by Richard Fish and Ryan Kurczak
- 6) Art and Science of Vedic Astrology: Volume 2 by Richard Fish and Ryan Kurczak

